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Special Notice To All Scholars Holding J-1 Visas

Since 1994, all individuals in the country on J-1 and J-2 immigration status have been required by the U.S. Department of State to meet the following important conditions.

You and your dependents (if applicable) will be required to purchase and maintain health insurance that provides the following benefits **for the entire period of your stay** in this country:

- Pays up to \$50,000 per accident or illness
- Has a deductible of no more than \$500
- Covers the cost of medical evacuation up to \$10,000
- Covers the cost of repatriation up to \$7,500
- Covers pre-existing conditions after a reasonable waiting period
- Includes provision for co-payment that does not exceed 25% co-pay by the Exchange Visitor
- Does not exclude benefits for perils inherent to the activities of the Exchange Visitor's program
- Must be underwritten by an insurance corporation that meets the rating requirements of the State Department or is backed by the full faith and credit of the Exchange Visitor's government. In the case of a non-U.S. health insurance policy, proof of this accreditation, such as a letter from the home government, must be presented, in English, along with complete documentation that the benefits listed above are covered.

Failure to maintain such health insurance for you and your family's (if applicable) entire stay in the United States will be considered a violation of J-1 status and will lead to termination of your Exchange Visitor program.

You and any accompanying dependent should arrive with travel insurance or insurance from your home country that meets the above stated guidelines for your first month in the United States. You will then have 31 days from the date of arriving in Berkeley to either have your home country insurance evaluated and approved or purchase a health insurance plan offered through Berkeley Lab that is best for you and your family (if applicable).